



SASOPS meeting 16th- 18th October 2026
 Protea Hotel Breakwater Lodge – Cape Town, Waterfront

Friday 16 th October		
12:00 – 13:00	Registration and Lunch	
13:00 – 13:20	Welcome & Feedback on SASOPS Activities	SASOPS president
13:20 – 13:30	Introduction of Guest Speaker – Dr Ilse Mombaerts	SASOPS president
Session 1	Orbits – Graves' Orbitopathy	<i>Chair: Prof Hamzah Mustak</i>
13:30 – 13:50	The Second Hand of Graves	Prof Ilse Mombaerts
13:50 – 14h10	ATA/ETA Guidelines for the Management of Graves' Orbitopathy	Prof Ilse Mombaerts
14:10 – 14:25	The Role of Surgery in Active Grave's Orbitopathy	Dr Maanda Mabogo
14:25 – 14:45	Graves' Strabismus Surgery for Non-Vegetarians	Prof Ilse Mombaerts
14:45 – 15:00	Role of steroids in the Management of Grave's Orbitopathy	Prof Grant McClaren
15:00 – 15:30	Tea	
Session 2	Orbital Surgery	<i>Chair: Prof Grant McClaren</i>
15:30 – 15:50	Dancing with the Pupil	Prof Ilse Mombaerts
15:50 – 16:10	Lateral Fornix Orbitotomy	Prof Ilse Mombaerts
16:10 – 16:25	Transorbital and Endoscopic Orbital Surgery	Prof Hamzah Mustak
16:25 – 16:45	Complicated Orbital Surgery	Prof Ilse Mombaerts
18:00	Dinner	

Saturday 17 th October		
Session 3	Orbital Inflammation	Chair: Dr Mpopi Lenake
08:00 - 08:20	The Fundamental Question in Orbital Cellulitis	Prof Ilse Mombaerts
08:20 – 08:40	The Immunoarchitecture of Extraocular Muscles	Prof Ilse Mombaerts
08:40 – 09:00	Idiopathic Orbital Inflammatory Disease	Dr Teboho Seobi
09:00 – 09:20	The Uncomfortable Orbital Biopsy	Prof Ilse Mombaerts
09:20 – 09:40	The Inflamed Orbit in Children	Prof Ilse Mombaerts
09:40 – 10:00	IgG4 Sclerosing Disease – The Great Masquerader	Prof Hamzah Mustak
10:00 – 10:30	Tea	
Session 4	AFSOPRS Session	Chairs: Dr Grant Ladner
10:30 – 10:45	Diagnostic Limits in Orbital Tumefactions	Dr Hela Kamhoun
10:45 – 11:00	“Looks Like TED, Labs Like TED, but the MRI Says No”	Dr Mpopi Lenake
11:00 – 11:15	Upper Eyelid Congenital Entropion	Dr Hela Kamhoun
11:15 – 11:30	Dacryoplasty for NLDO	Dr Mehdi Fendri
11:30 – 11:45	Vascular Complications of Facial Filler Injections	Prof Hamzah Mustak
11:45 – 12:00	Upper Eyelid Retraction in TED	Dr Mehdi Fendri
12:00 – 12:15	Bridging the Gap – Tactile 3D Printed Models for Oculoplastic Surgical Training	Prof Hamzah Mustak
12:15 – 12:30	Aetiology of Orbital Masses in Children at the Red Cross Children’s Hospital	Dr Teboho Seobi
12:30 – 12:45	Globe Saving Orbital Brachytherapy for Rhabdomyosarcoma	Prof Hamzah Mustak
12:45 – 13:00	Session Q+A	
13:00 – 14:00	Lunch	
Session 5	Registrar and MO Case Presentations	Chair: Dr Teboho Seobi
14:00 – 14:10	Fulminant Rhino-Orbito-Cerebral Mucormycosis with Extensive Orbital Necrosis in a Young Adult with Diabetes	Dr Naledi Matsaneng

14:10 – 14:20	Subconjunctival Platelet-Rich Plasma Injection for Severe Aqueous Deficiency Dry Eye Following Lacrimal Gland Excision	Dr Raessah Suleman
14:20 - 14:30	Medial Canthal Basal Cell Carcinoma Recurrence	Dr Sarel Kritzinger
14:30 -14:40	Right Lower Lid Ectropion Recurrence After Failure to Recognize Tight Orbit	Dr Clarissa Leo
14:40 – 14:50	Q&A	
14:50 – 15:20	Tea Break	
15:20 – 16:30	SASOPS AGM	All members
18:00	Dinner	

Sunday 18 th October		
<i>Session 6</i>		<i>Chair: Hamzah Mustak</i>
09:00 – 10:15	Challenging cases presentation and panel discussion	TBC
10:15 – 11:15	Ethics – Social Media and Professional Boundaries	EthiQal
11:15 – 11:30	OMG	OMG
11:30	Congress closure	
12:00 – 14:00	Pre-Wetlab Lecture Session for the Advanced Functional & Aesthetic Oculoplastic Dissection Course	Only for delegates booked for the Advanced Functional & Aesthetic Oculoplastic Dissection Course